



**Flexible Bandage: Prevents friction | Breathable and kind to your skin | Pain-free removal | Washable and re-useable | Can be trimmed to fit**

## ReSkin™ Heel Bandage

### What is ReSkin?:

ReSkin is a re-usable bandage based on a medical coating. ReSkin is a Lycra® weave material with a soft silicone gel adhesive coated onto one side. These two elements give ReSkin its unique benefits of reducing friction, pain-free removal and re-usability.

### How does ReSkin work?:

The two-directional stretch creates relief from rubbing by transferring the friction. Friction now takes place between the ReSkin and the other materials rather than on the skin. It therefore acts like a second artificial layer of skin.

### General Use:

For anywhere on the body where there is friction caused by clothes, shoes or skin. The ReSkin Heel Bandage was initially developed for the feet, but can be used as a general use protection against friction damage anywhere on the body. As ReSkin is made of Lycra® material, it can be easily cut into shape for different parts of the body, for example, in strips for around toes or cut in half to use as a “nipple guard” for runners.

The ReSkin Heel Bandage can also be used to help the body recover from having a blister, protecting the blister area from further friction damage.

### The Feet:

Blisters and friction wounds caused by walking, running or during sporting activities can be very painful - ReSkin can help protect against this skin damage. ReSkin is also suitable for ladies that like to wear “fashionable”, but sometimes uncomfortable shoes or workers in rigid work boots.

### Application:

Apply ReSkin directly to the skin wherever rubbing and friction causes problems.

Apply ReSkin to clean dry skin. Once on the

skin, ReSkin will stay stuck until you peel it off and, because of its breathability, sweat will simply evaporate through

### Your Skincare:

ReSkin is Skin Friendly. It is breathable (due to the Lycra® material construction) and pain-free to remove (because of the specially designed silicone adhesive). If the area you wish to protect is particularly hairy, to the point where the ReSkin may not make an effective adhesive bond to the skin, shaving in advance is recommended. The special adhesive used on the surface of ReSkin conforms to ISO 10993-1 and has been tested for cytotoxicity, skin sensitization, and intracutaneous irritation. ReSkin does not contain any latex. Remove ReSkin if you experience irritation or discomfort. Please consult your doctor if the irritation or discomfort continues after the product is removed. If you are diabetic or have blood circulation problems please consult your doctor before use.

### Cleaning and Instructions for Re-use:

Depending on how intensely the ReSkin is used, it is possible to re-use it several times (yes, it does stay sticky). When showering after sports, simply stick ReSkin on the tiles of the bathroom or another suitable smooth area. Rinse the ReSkin with lukewarm water and use a mild soap or shampoo to wash it. Allow the ReSkin to dry on the surface where it was cleaned and once it has dried you can use it again. Washing ReSkin in the washing machine at the warm water setting is also possible. We recommend not using fabric softener or too much detergent. Use plastic wrap as a cover for the adhesive side or fold the patch before putting it in the washing machine.

**Tip:** To store or to leave for drying, use plastic food wrap as a backing



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